

# ELECTRONIC AGREEMENT

## CONFIDENTIAL

### INFORMED CONSENT FOR TELEPHONE, ELECTRONIC, AND MAIL CONTACT AND FOR THE GOTTMAN ONLINE ASSESSMENT

I understand communication through telephone and other electronic means is not completely confidential to the extent that spyware and other dangerous hardware can gain access to protected material. I also understand text messages and emails will be kept in a password-protected account to which only my therapist has access. I trust my therapist will handle my private information respectfully and with care in order to protect my confidentiality. It is recommended that clients keep electronic communication brief and vague. Please do not write any information in an email which you would not want others to know. Email is best used for appointment-setting, initiating a phone call, or other logistics.

**Gottman Relationship Checkup:** I understand that by using the Gottman Relationship Checkup, a web-based service provided to licensed, advanced clinicians, we grant consent for use of unencrypted email as a source of communication. The Gottman Relationship Checkup Website has been developed to be compliant with HIPAA regulations. The site uses 256 bit SSL encryption to secure the connection. No personally identifiable health information is transmitted via email. The software that the site runs on is actively monitored and kept up to date with prompt application of the latest security patches stored in a cloud.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_